



Week 1 Weeks commencing: 31 Aug, 21 Sept, 12 Oct, 9 & 30 Nov, 4 & 25 Jan

	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Melted Cheese and Tomato Pizza Served with Jacket Wedges	Beef Bolognese Served with Pasta Twists	Chicken in Tomato and Basil Sauce Served with Rice	Roast Pork Served with Apple Sauce, Gravy & Roast Potatoes	Salmon Fish Fingers with Tomato Sauce and Chips
Choice 2	Vegetable Curry with Rice	Jacket Potato with Baked Beans and Cheese	Macaroni Cheese and Warm Granary Bread	Sweet and Sour Quorn with Rice	Garden Vegetable Fingers with Tomato Sauce and Chips
Choice 3	Jacket Potato with Tuna and Sweetcorn	Garden Vegetable Finger and Salad in a Tortilla Wrap	Jacket Potato with Vegetable Curry	Chicken Fajita in a Tortilla Wrap	Jacket Potato with Coleslaw
Dessert	Chocolate Cracknell	Oaty Fruit Crunch with Custard	Feathered Lemon Sponge	Apple Pie with Toffee Sauce	Shortbread Biscuit
Everyday	Fresh Fruit, Cheese and Biscuits, Yoghurt				

Week 2 Weeks commencing: 7 & 28 Sept, 19 Oct, 16 Nov, 7 Dec, 11 Jan, 1 Feb

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Korma with Rice	Pork Bangers and Mash Served with Gravy	Beef Lasagne with Mixed Salad	Roast Chicken Served with Gravy and Roast Potatoes	Battered Fish Fillet with Tomato Sauce and Chips
	Savoury Tomato Rice Served with Warm Wholegrain Bread	Quorn Bangers and Mash Served with Gravy	Melted Cheese and Tomato Pizza Served with Jacket Wedges	Vegetable Pasty with Gravy and Roast Potatoes	Leek & Potato Bake with Tomato Bread
	Jacket Potato with Baked Beans	Cheese Salad Wrap	Jacket Potato with Tuna and Sweetcorn	Sweet and Sour Quorn in a Tortilla Wrap	Jacket Potato with Quorn Bolognese
	Lemon Love Slice	Pear & Chocolate Sponge with Chocolate Sauce	Apple and Cinnamon Pancake with Toffee Sauce	Ginger Bread Biscuit	Jelly with Fresh Fruit
Everyday	Fresh Fruit, Cheese and Biscuits, Yoghurt				

Week 3 Weeks commencing: 14 Sept, 5 Oct, 2 & 23 Nov, 14 Dec, 18 Jan, 8 Feb

	Monday	Tuesday	Wednesday	Thursday	Friday
	Crispy Chicken Burger in a Bun Served with Salad and Coleslaw	Shepherds Pie served with Gravy	Organic Pork Meatballs in Tomato and Basil Sauce with Pasta Twists	Roast Turkey served with Gravy and Roast Potatoes	Birdseye Fish Fingers with Tomato Sauce and Chips
	Cauliflower & Broccoli Bake with French Bread	Sweet and Sour Vegetables with Rice	Quorn Balls in Tomato and Basil Sauce with Pasta Twists	Cheese Whirl & Roast Potatoes	Bean and Vegetable Bake with Chips
	Jacket Potato with Coleslaw	Jacket Potato with Cheese	Chicken Fajita in a Tortilla Wrap	Tuna & Sweetcorn with Salad in a Tortilla Wrap	Jacket Potato with Baked Beans and Cheese
	Chocolate Muffin	Fudge Tart	Fruit Cobbler & Custard	Flapjack	Mixed Berry Crumble with Custard
Everyday	Fresh Fruit, Cheese and Biscuits, Yoghurt				

To go with the main meal...

Seasonal Vegetables



Rustic Bread



Salad Bar



Red Tractor



UK Pork



UK Beef



Soil Association Organic Standard



Britain's Best Sausage Award



All our meals are cleverly devised by our in-house nutritionist!



Meals are charged at £2.25 (including main meal, bread, pudding and water)





How to order Nourish meals

Nourish have introduced ParentPay into your child's school, which is an online ordering and payment system.

www.parentpay.com offers you the freedom to make payments whenever and wherever you like, 24 hours a day, 7 days a week – safe in the knowledge that the technology used is of the highest internet security available. You have a secure online account, activated using your unique username and password.

If you have two or more children at a ParentPay school, you can use one account to pay for and order meals for all your children. Simply activate one account to create your main account, you can then add your other children via the 'Add a child tab' on your home page.

Ordering meals online

Meals can be booked online via **www.ParentPay.com Nourish** are unable to accept cash or cheque payments. ParentPay is the leading online dinner money payment provider. ParentPay offers you the freedom to make payments whenever you like, safe in the knowledge that the technology used is of the highest internet security available.

PayPoint

If you are unable to pay online, you can use a PayPoint card to add money to your child's account. PayPoint cards can be requested by calling Nourish on **01604 367288** and take approximately 10 working days to arrive. Once you have received your card, you can top up your account at any local store displaying the PayPoint logo. To find your nearest store please visit:

www.paypoint.co.uk/locator

Please be aware that you will need to top up your account at least 48 hours before ordering meals. To order meals you can log on to ParentPay or submit a meal order form to the school.

Ingredients & Allergens

If you would like information on the ingredients and allergens within school meals, please visit our website **www.northamptonshire.gov.uk/nourish**. If your child has a special dietary requirement, please request a special diet form by emailing **nourish@northamptonshire.gov.uk** or calling **01604 367288**. The completed form will need to be returned to Nourish, along with medical evidence. This will allow us to process your request and ascertain the suitability of our meals.

Free School Meals

Although all pupils in Key Stage 1 (Years Reception, 1 and 2) are eligible to receive free school meals, your child's school will have access to additional funding if you are in receipt of one of the following benefits:

- Income Support
- Income Based Job-Seekers Allowance
- Child Tax Credit with no Working Tax Credit and household income below £16190
- Guarantee Element of State Pension Credit
- National Asylum Seekers Support
- Income-related Employment and Support Allowance

In order for the school to receive this funding, you will need to complete an application form for free school meals. You can apply online at **www.northamptonshire.gov.uk/freeschoolmeals** or call **01604 366656** to request an application form.

If your child is in Key Stage 2 and you are in receipt of one of the above benefits, you can apply for Free School Meals in the same way.

Meal Credits

- Credits for school trips and school closures do not need to be applied for. The meals will be automatically cancelled and no payment will be deducted from your account balance.
- If your child is absent from school, you can cancel their meal via ParentPay before 9:00am the same day.
- Providing the meal is cancelled before 9:00am no payment will be deducted from your account balance. We are unable to provide a credit for meals cancelled after 9:00am.
- If your child is leaving school, please use the remaining balance prior to the end of the academic year. If the final balance exceeds £5.00, a refund can be requested by emailing: **nourish@northamptonshire.gov.uk**
- Any debt which is not cleared will be processed in accordance with Northamptonshire County Council's debt recovery procedures. Please note: if there are no funds in your ParentPay account, your child's meal will automatically be cancelled.

